

Home Health & Hospice

Accreditation Intensive Activity Guide

Learning Objectives:

- Demonstrate knowledge of the CHAP Home Health and/or Hospice Standards of Excellence.
- Identify the revisions within the CHAP Home Health Standards and CMS Conditions of Participation.
- Demonstrate knowledge of the revised CMS Hospice Survey process.
- Identify trends in deficient practice based upon site visit results for calendar year 2022.
- Demonstrate ability to identify areas in need of improvement and develop a performance initiative to address the need.
- Outline the CHAP Accreditation process.

Disclosures/ Conflict of Interest:

This nursing continuing professional development activity was approved by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

There are no conflicts of interest for any individual in a position to control content for this activity.

How to obtain CE contact hours:

Criteria for successful completion includes attendance at the entire event (service applicable days), participation in engagement activities, and completion of an evaluation.

Home Health Only Attendees – 11.25 Contact Hours

Hospice Only Attendees – 12.5 Contact Hours

Home Health and Hospice Attendees – 18.50 Contact Hours

^{*}Presented by Keri Culhane, MBA, BSN, RN and Linda Lockhart, MPH, BSN

Hospice Day One (All times in EST)

| 10:00-10:30 | Welcome and Housekeeping/ Get to Know Each Other |
|-------------|---|
| 10:30-10:45 | CHAP Standards & Resources |
| 10:45-11:30 | Hospice Patient Family Centered Care (HPFC) |
| 11:30-11:45 | Break |
| 11:45-12:45 | Hospice Assessment, Care Planning and Coordination (HCPC) |
| 12:45-1:45 | Hospice Care Delivery and Treatment (HCDT) |
| 1:45-2:15 | Lunch |
| 2:15-3:00 | Hospice Inpatient Care (HSIC) |
| 3:00-3:45 | Care to Residents in a Facility (HSRF) |
| 3:45-4:00 | Break |
| 4:00-4:30 | Hospice Leadership and Governance (HSLG) |
| 4:30-5:00 | Hospice Information Management (HSIM) |
| 5:00-5:30 | New Hospice Survey Process |

Hospice & Home Health Day Two (All times in EST)

| Welcome to Home Health and returning Hospice |
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| Infection control |
| Break |
| Human Resource Management |
| QAPI |
| Lunch |
| Emergency Preparedness |
| Break |
| Accreditation Process |
| The CHAP Consultant |
| Question and Answer |
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Home Health Day Three (All times in EST)

| 10:00-10:45 | Welcome and Recap/CHAP Standards & Resources |
|-------------|--|
| 10:45-11:30 | Patient Centered Care (PCC) |
| 11:30-11:45 | Break |
| 11:45-1:00 | Assessment, Planning and Coordination (APC) |
| 1:00-1:30 | Financial Stewardship (FS) |
| 1:30-2:00 | Lunch |
| 2:00-3:00 | Care Delivery and Treatment (CDT) |
| 3:00 – 3:30 | Leadership and Governance (LG) |
| 3:30-3:35 | Bio Break |
| 3:35-4:05 | Information Management (IM) |
| 04:05-04:15 | Final Q and A |

DAY ONE

Hospice

Topic: CHAP Standards of Excellence

| Accessing CHAP Standards of Excellence: from the CHAP Education webpage |
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| Revisions |
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| Current Version |
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| Evidence Guidelines |
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| Key Performance Areas |
| Patient Centered Care |
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| Safe Care Delivery |
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| Sustainable Organizational Structure |
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Additional Resources (see slides)

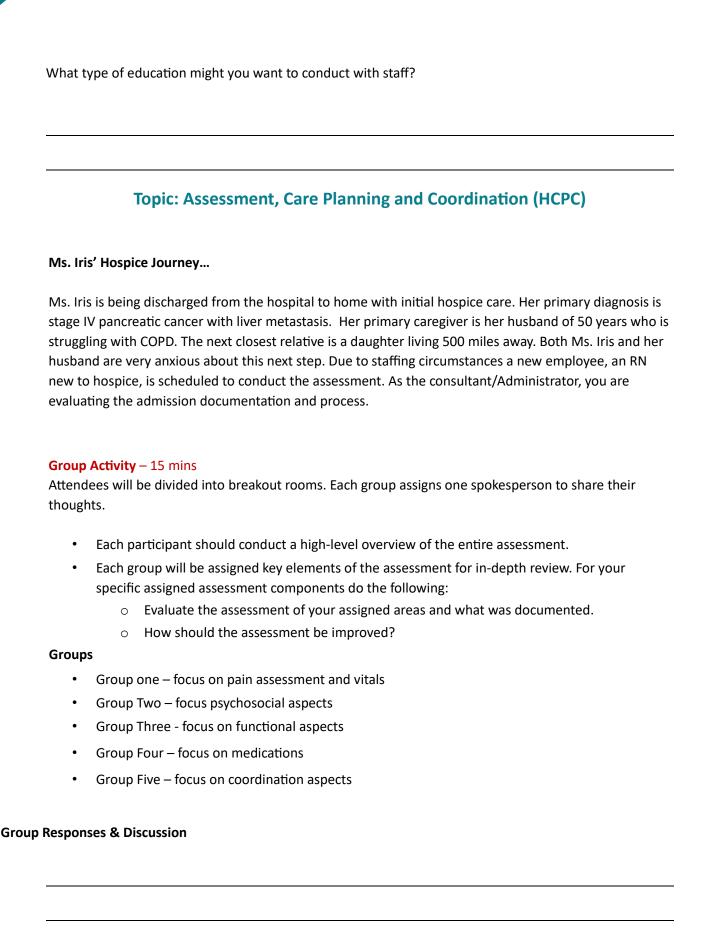
Topic: Patient Family Centered Care – HPFC

| ndividual Activity: Write down all the eler ill of Rights | ments you | ı can think | of that ne | ed to be | included | in the Patien |
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| op 2022 HPFC Findings | | | | | | |
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Complaint Handling Discussion

| Patient MRN | Complaint |
|-------------|--|
| 465382 | The patient's husband called and stated they haven't seen or heard from their social worker in almost 2 months. |
| 465932 | The daughter of the patient called to state that when she pulled up to her mother's house the hospice aide was standing on the driveway finishing her cigarette and she watched her flick it to the street curb prior to entering the house. |
| 465962 | The patient called complaining that when her hospice aide is giving her a bed bath, she is rough and last time she was there she was so rough she caused a skin tear to her left shin. |
| 457363 | The patient's son reported to his mother's nurse that the Chaplain never arrives when he says he will arrive, and it throws off his mother's routine. |

| Thoughts to Consider |
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| What would be your first step in addressing these complaints? |
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| Who might you want to interview or speak with? |
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| What policy/policies might you want to review? |
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Comprehensive Assessment Example

Patient: Iris Wood SOC: 7/22/2021

Diagnosis - Pancreatic Cancer with metastasis

Secondary – Congestive Heart Failure Skilled Facility Transfer 10/1/2021 Election of benefit signed 9/1/2021 Level of Care: Routine Hospice Care

Age: 76

Advance Directives - Yes

Vital Signs:

Temp - 97.7

Pulse - 88

Resp - 24

BP - 118/68

Pain Assessment

Intensity of 4 current and frequently

Acceptable level to patient is 4

Description of pain – sharp abdominal pain with movement, becomes dull after medication taken.

Current medication effective "usually" "better than before I went into the hospital

Patient's Primary Concern/Goal

Relief of pain and to enjoy her remaining days

Caregiver's primary concern/goal

Patient is free from pain per spouse. Daughter is now primary care provider.

Neurological status

Patient alert and oriented to person, place and time No issues with vision, smell, taste Becomes anxious with increasing pain

Cardiac status

Pulse regular, patient with +2 edema both lower extremities (pedal and ankle) No complaints of chest pain

Respiratory

Respirations even, slightly labored when patients "catches her breathe" due to pain.

Oxygen is in place at 2 liters per minute, nasal cannula. Breath sounds bilateral diminished in bases.

Gastrointestinal

Abdomen distended and firm, patient complains of occasional nausea, last bowel movement three days ago. Patient states this is normal for her. Minimal bowel sounds noted in all quadrants.

Genitourinary

Patient incontinent of urine on occasion. Urine observed to be clear and dark yellow. No complaints of burning or pain with urination. Utilizing urinary pads for incontinence.

Musculoskeletal

Patient able to move all extremities. States "I am feeling weaker and am afraid of falling." Husband assists with transfer to chair and patient walking 15 steps with moderate shortness of breath. Patient not willing to use bedside commode at this point.

Activities of Daily Living

The daughter is assisting with cleaning, shopping, cooking and assisting with medication administration. Assists patient with bath using shower chair in the shower. Patient independent in feeding self.

Fall Risk Assessment

Standardized fall risk completed, and patient scored as high risk due to the following factors:

- Over age of 65
- Increased anxiety
- Unable to ambulate independently.
- Initial admission to hospice
- Attached equipment in relation to 02.

Skin Integrity

Poor turgor, skin slightly jaundiced and dry, warm to touch. No rashes, skin tear right leg upon discharge from SNF

Endocrine

No issues

Coping

Patient coping better with diagnosis but is worried about being a burden for her daughter.

Medical supplies

Oxygen in place

Patient needs: hospital bed, walker

Medications

See medication list below.

Drug review completed and no interactions or side effects noted

| Patient Name: Iris Wood | DOB: 3/23/1952 |
|---|----------------|
| Diagnosis: Pancreatic Cancer with liver Metastasis | SOC: 9/1/21 |
| | |
| Crestor 10 mg PO daily | |
| MS Contin 15 mg every 12 hours | |
| Ativan 0.5mg PO PRN | |
| Tylenol 325 mg PO PRN | |
| Atenolol 25 mg PO daily; hold heart rate <50 | |
| Digoxin .25 mg daily | |
| Albuterol 2.5mg via nebulizer q 6-hour PRN for shortness of breath/wheezing | |
| Comfort Kit | |
| | |
| DME | |
| Walker | |
| 10 L concentrator | |
| Hospital bed | |
| Overbed table | |
| Nebulizer | |

Comprehensive assessment needs:

- Nursing
- Social work
- Spiritual care refused.
- Physician
- Bereavement –

Teaching completed:

- Disease process and signs of disease progression
- Plan of care review
- Safety during ambulation/transfer
- On call number

Coordination:

- Physician call for update on patient and orders obtained.
- DME call for hospital bed.
- Social Work notified of patient admission and summary given.
- Volunteer unable to provide assistance at this time.
- Spiritual counselor not called as patient refused.

Signed: Nurse Rose RN 7/22/2021

Pause and Consider...

Is this a compliance issue?

Based on the assessment information provided, the admitting RN did not conduct the initial bereavement assessment during their visit. The spiritual counselor was refused as the patient prefers to talk with her priest. The interdisciplinary team was informed of the admission on day two following the election of benefit. The social worker called on day two and the family requested a visit for next week. By day six following the election of benefit, there has been no initial bereavement assessment completed.

| If s | so, what is the issue? |
|------|---|
| Нс | w could this issue have been handled differently to ensure compliance with the standard? |
| Ind | dividual Activity |
| • | Review the Plan of Care in your participant guide on pages 14-15 to evaluate the abilities of the clinician to develop a comprehensive Plan of Care |
| • | The activity will be allowed 10 minutes |
| • | Discussion will follow related to the comprehensive nature of the plan of care |
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Plan of Care Example

| Detient Nemes | | DOB | COC Data: | | | | |
|--|---|------------------------------------|--|--|--|--|--|
| Patient Name: | | DOB | SOC Date; | | | | |
| Iris Wood | | 3/23/1945 | 9/1/2021 | | | | |
| Level of Care: Routine Hospice Care | | | Referral physician: Attending physician: Name/Address Hospice Medical Director: Name/Address | | | | |
| Primary Hospice Diagno | osis: Primary Pancreatic Canc | er | Name/Address | | | | |
| Secondary Diagnosis: Co | • | | | | | | |
| | | | | | | | |
| Address: 45 Apple Blos | som Road, Pineville GA | | | | | | |
| Visit fraguancy: BN 2w | 9, MSW 1m3, Chaplain – dec | linad Hasnisa Aida 2 w 10 | | | | | |
| | 9, MISW THIS, Chapian – dec | illed, Hospice Alde 2 w 10 | | | | | |
| DNR: Yes/No Advance Directive: Yes/ English | No Medical Power of At | ttorney (POA)Name: Conta | act phone number Language Preference | | | | |
| Equipment: Oxygen co Supplies/Appliances: D | Equipment: Oxygen concentrator, Portable Oxygen cylinders, hospital bed, overhead table, Shower chair etc. Medical Supplies/Appliances: Depends Special Precautions: Example, fall, oxygen, bleeding Allergies: | | | | | | |
| | | | | | | | |
| Problem | Alteration in respiratory sta | atus | | | | | |
| Intervention | | | oxygen to patient comfort level; Teach | | | | |
| Usage, Teach s/s respira | oxygen tory infection | spiratory status, resess adequate | oxygen to patient connorchevel, reach | | | | |
| Goal Patient will | T | tion within 1 week as noted by nor | mal respiratory rate and depth. | | | | |
| PATIENT/FAMILY GOAL: | | | | | | | |
| Problem | Alteration in Pain Manager | nent | | | | | |
| Intervention | | | each use of medications per comfort | | | | |
| | | | ss availability of pain medications; if | | | | |
| | opiates are prescribed patient placed on stool softener, teach Pt/PCG s/s to report to agency | | | | | | |
| Goal | Patient's pain will be managed to patient acceptable level of 4 | | | | | | |
| PATIENT /FAMILY GOAL | | | | | | | |
| Problem | · · · · · · · · · · · · · · · · · · · | as evidenced by incontinence | | | | | |
| Intervention | | reakdown; Teach Pt/PCG of need to | • | | | | |
| Goal | Patient will be free from sk | kin breakdown related to incontine | nce | | | | |
| PATIENT/FAMILY | | | | | | | |
| Problem | Alteration in nutritional sta | atus | | | | | |
| Intervention | Assess nutritional status of | patient; Teach Pt/PCG use of sma | II frequent meals rather than large | | | | |
| | meals; Teach use of high protein supplements | | | | | | |
| Goal Patient will be able to enjoy small amounts of food that are appetizing to her. Nutritional s | | | | | | | |
| assist maintenance of skin integrity. | | | | | | | |
| PATIENT/FAMILY | | | | | | | |

| Problem | Alteration in ability to care for personal care needs | | | | |
|---------------------|---|--|--|--|--|
| Intervention | Assess patient need for assistance with ADL. Teach Pt/PCG measures for safety during transfer and ambulation; Aide to provide care to patient 2 times per week for shower with use of shower chair; shampoo each visit, assist with transfer and ambulation; to inform RN of changes in the patient condition | | | | |
| Goal | Patient's personal care needs will be met safely and effectively. | | | | |
| Problem | | | | | |
| Intervention | | | | | |
| Goal/PATIENT/FAMILY | | | | | |

SPECIFIC PHYSICIAN ORDERS AS FOLLOWS:

OXYGEN 2 LITERS VIA NASAL CANNULA CONTINUOUS.

Foley: Size 14 fr Balloon 5cc to drainage bag PRN Yes /No /prn for urinary retention

Routine comfort pack

Patient/Caregiver participated in plan of care and agree to care being provided. Date:

Signed and dated by the following physician. Marcus Welby MD

| Top 2022 HCPC Findings | | | |
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Topic: Hospice Care Delivery and Treatment (HCDT)

Activity/Home Visit Observation Observe the home visit with Ms. Iris and write down any concerns you might have about the visit as you watch. We will discuss it as a group once completed. Pause and Consider... If you had observed this visit and overheard Ms. Iris state the aide had provided a bed bath instead of a shower, what are some follow-up actions you would take? Activity... Take a few moments to read through the nurses' comprehensive assessment documentation again on pages 9-12. What tasks would be appropriate for the RN to assign the aide to complete when providing care for Ms. Iris? What instructions or precautions should the aide be aware of when providing care for Ms. Iris that should be included on the aide plan of care?

| Knowledge Check: Can you think of what components make up a completed discharge/transfer summary? |
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| Top 2022 HCDT Findings |
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| Tips for Success |
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Topic: Hospice Inpatient Care (HSIC)

Ms. Iris' hospice journey continues...

Over a 3-week period, Ms. Iris has had progressive difficulty with pain management. When admitted, the patient's pain was controlled with MS Contin 15mg BID and the use of MSIR for breakthrough pain.

In week two of her hospice certification period, her pain medication plan was changed to MS Contin 30mg BID with an increase in MSIR dosage and frequency.

In week three her medication regimen was changed to Fentanyl patches with Actiq lozenges; however, her pain continued and was not effectively managed. This has caused an increase in lack of sleep and anxiety, with additional medication changes needed.

GIP Decision

Thoughts to Consider...

The decision was made to admit her to GIP for pain management. This decision was very difficult for the husband to agree to but after discussion with the social worker, he admitted he felt hopeful that his wife may be able to get some pain relief. It was noted by members of the IDT that the husband appeared exhausted and had not had a good night's sleep in 3 weeks.

In addition, the personal care needs of his wife were growing more complex each day and without his daughter's help, he was overwhelmed with his wife's needs.

Ms. Iris was admitted to a Medicare Certified Skilled Nursing Facility that the hospice had contracted with for their provision of GIP services.

| Was short-term inpatient care the right choice for Ms. Iris? |
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| What other options could be considered? |
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| What interventions might need to occur for Ms. Iris to come back home? |
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| What level of care would be appropriate if fatigue of the husband was the main issue? |
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| Top 2022 HSIC Findings |
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| Tips for Success |
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| Knowledge Check: Short-term inpatient care is for what 3 purposes? |

Topic: Hospice Care to Residents in a Facility (HSRF)

Ms. Iris' story continues...

Following her GIP stay, Iris is admitted as a custodial patient to the skilled nursing facility on routine level of care until her daughter can return and provide care for her mother.

The RN is explaining to the facility staff the differences in their roles and has decided to provide examples to reinforce their different responsibilities.

- · Provision of meals
- Physician call upon worsening of symptoms
- Providing a chair bath 3 times per week
- · Assisting with incontinence
- Determining the bowel regimen
- Implementing the bowel regimen
- Determines a need for changing the level of care
- Financial responsibility for long-term incontinence supplies
- Financial responsibility for medications addressing the terminal illness

Activity: Whose Responsibility? A numbers game....Which tasks are the responsibilities of the hospice, and which are the responsibilities of the facility? Are there any that are shared?

| Hospice (1) | Facility (2) | | |
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| Top 2022 HSRF Findings | | | |
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Topic: Hospice Leadership and Governance

| Top 2022 HSLG Findings |
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| Tips for Success |
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| Knowledge Check: Does attending IDG count towards volunteer patient care hours? |

Topic: Hospice Information Management (HSIM)

| Knowledge Check: What are the required of | elements of the cl | inical record? | |
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| Pause to Considerwhich of the required of | clinical record eler | ments do your organizat | ions have the most |
| challenges with? | | | |
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| Top 2022 HSIM Findings | | | |
| 10p 2022 H3HVI Findings | | | |
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| | | Topic: CM | S Revised H | ospice Survey | Process |
|----------------|----------------------|--------------------|------------------|---------------|---------|
| Knowledge Cl | heck: Name or | ne (or all) of the | e four core CoPs | 5. | |
| | | | a rour core core | | |
| | | | | | |
| What is your | "Golden Nugg | et" from today | 's sessions? | | |
| vviiat is your | | | | | |

DAY TWO Home Health & Hospice

Welcome Back to Hospice Participants & Welcome to our Home Health Participants

Topic: Infection Prevention and Control

Activity: Take a few mins to read through the two policies below. With these in mind, observe the scenario and identify areas of compliance and non-compliance.

Handwashing Policy:

PURPOSE

To prevent cross contamination and home care-acquired infections and to promote hand hygiene thereby reducing and/or preventing health care acquired infections.

POLICY

Personnel providing care/service in the home setting will wash their hands using either an agency approved alcohol-based hand rub or soap and water:

- Upon entering and before leaving the home
- · When hands are obviously soiled, wash with soap and water
- Before entering the clean section of visit bag (if applicable)
- After handling household pets
- Before and after contact with each patient
- After handling bed pans, urinals, catheters, linens and contact with body fluids
- Before and after gloves and other personal protective equipment are used
- Before and after eating
- · After use of the toilet
- · After blowing nose, sneezing, or coughing

PROCEDURE

- 1.0 Handwashing with Water:
- 1.1 Wet hands and apply the soap working into a heavy lather using friction, covering, the entire hand, top and bottom. Pay special attention to the nails, between the fingers and back of the hands.
- 1.2 Wash hands with a 20 second vigorous rubbing together of all lathered surfaces, followed by thoroughly rinsing under a flowing stream of water. If hands are visibly soiled, a longer handwashing time is required.
- 1.3 Use a paper towel to dry hands thoroughly. Turn off the faucet using the paper towel. Discard the towel into regular waste.

- 2.0 Hand Hygiene Without Water (use 60-70% alcohol-based hand rub):
- 2.1 Use the solution according to instructions.
- 2.2 Rub hand cleanser into skin until dry. (If enough alcohol-based hand rub is applied, hands will take greater than 10-15 seconds to dry.)
- 2.3 Pay special attention to the nails and between the fingers.

Bag Technique Policy:

PURPOSE

To describe the procedure for maintaining a clean nursing bag and preventing cross-contamination.

POLICY

As part of the infection/exposure control plan, Agency personnel will consistently implement principles to maximize efficient use of the patient's care supply bag when used in caring for patients.

Staff will use a bag supplied by the agency, or one that has been approved for use.

PROCEDURE

- 1.0 The bag may have the following contents:
- 1.1 Hand washing equipment-alcohol based hand rub and skin cleanser, soap, and paper towels
- 1.2 Assessment equipment (as appropriate to the level of care being provided)- thermometers, stethoscopes, a hem gauge to measure wounds, sphygmomanometer, and urine testing equipment
- 1.3 Disposable supplies (as appropriate to the level of care being provided)-plastic thermometer covers (if applicable), sterile and non-sterile gloves, plastic aprons, dressings, adhesive tape, alcohol swabs, tongue blades, applicators, lubricant jelly, scissors, bandages, syringes and needles, vacutainer equipment for venipuncture, skin cleanser, paper towels, and a CPR mask
- 1.4 Paper supplies (if applicable)-printed forms and materials necessary to teach patients and family/caregivers and document patient care
- 2.0 Personnel must regularly check the expiration date of any disposable supplies kept in the nursing bag. Expired supplies should be returned for disposal.
- 3.0 The bag will be cleaned as soon as feasible when it is grossly contaminated or dirty. Antiseptic wipes, alcohol, or another approved cleaning agent will be used.
- 4.0 Bag Technique
- 4.1 The bag will be placed on a clean surface (i.e., a surface that can be easily disinfected) in the car.
- 4.2 Once in the home place the bag on an impervious barrier on a flat surface that is not the floor
- 4.3 Prior to administering care, alcohol-based hand rub or soap and paper towels will be removed, and hands will be washed. These supplies will be left at the sink for hand washing at the end of the visit.
- 4.4 The supplies and/or equipment needed for the visit will be removed from the bag.
- When the visit is completed, discard disposable personal protective equipment in an impermeable plastic trash bag. Contaminated equipment that cannot be cleaned in the patient's home may be transported in an impermeable sealed plastic bag. Never place used needles, soiled equipment, or dressings in the nursing bag.
- 4.6 Reusable equipment will be disinfected after each patient.
- 4.7 Hands will be washed prior to returning clean equipment and/or unused clean supplies to bag. Return cleaning supplies, e.g., liquid soap, to the bag.

| Discussion: What deficient practices did you take note of? Did you note any compliance in her infection control practices? |
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| Top 2022 IPC Findings |
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| Top 2022 HIPC Findings |
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| Tips for Success |
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Topic – Human Resource Management

Hiring Criteria Discussion...

| What are some hiring criteria that may differ from state to state? |
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| Is training provided on how to conduct an interview? |
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| Are certain disciplines more difficult to hire than others? |
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| CHAP standards are less restrictive than in the past, do you find that providers understand how to conduct the hiring process? |
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| Top 2022 HRM Findings |
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| Top 2022 HSRM Findings |
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| Tips for Success |
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| Topic: Continuous Quality Improvement |
| Knowledge Check: What are some possible quality indicators for data collection? |
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| Group Activity: Each group will be provided an area in need of improvement. One person should be given the role of reporter of your results. The group will be placed in individual breakout rooms and have 20 minutes for this activity. Remember to be specific, comprehensive, and measurable. |
| Address the following in your performance improvement plan: |
| Smart Goal |
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| Plan |
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| Actions to be taken |
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| How will effectiveness be monitored |
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| Thoughts to Consider |
| How extensive is the non-compliance? |
| Does the non-compliance affect quality of patient care? |
| Is one clinician involved or several? New or tenured? |
| Does the organization have the resources to address the issue? |

| Top 2022 CQI Findings | | |
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| Top 2022 HQPI Findings | | |
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| Tips for Success | | |
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Topic: Emergency Preparedness

| Top 2022 EP Findings | | |
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| Top 2022 HSEP Findings | | |
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| Tips for Success | | |
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| Knowledge Check: If an actual event occurs requiring activation of the plan, the agency is exempt the next required community-based facility based functional exercise. (True or False) | from |
|---|------|
| CHAP Accreditation Process Vegetation Charter CHAP offers accreditation and/or certification for which service lines? | |
| (nowledge Check: CHAP offers accreditation and/or certification for which service lines? | |
| Knowledge Check: A home health organization seeking initial accreditation with deemed status morovide which disciplines? | ust |
| Knowledge Check: Organizations seeking accreditation need to submit readiness. | |
| The Site Visit | |
| Knowledge Check: Name one activity the Site Visitor will conduct during a site visit. | |
| What is your "Golden Nugget" from today's sessions? | |
| | |

DAY THREE

Home Health

Topic: CHAP Home Health Standards of Excellence

Accessing CHAP Standards of Excellence: from the CHAP Education webpage Revisions **Current Version Evidence Guidelines Key Performance Areas Patient Centered Care** Safe Care Delivery Sustainable Organizational Structure

Additional Resources (see slides)

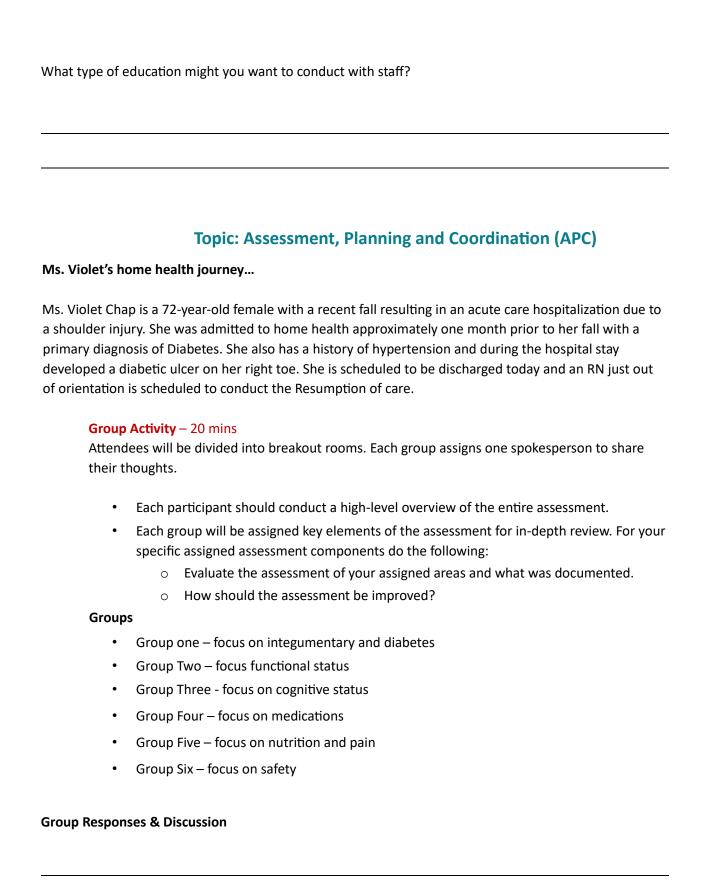
Topic - Patient Centered Care (PCC)

| Bill of Rights | - - - | | |
|----------------------|-------------|------|--|
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| op 2022 PCC Findings | | | |
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| ps for Success | | | |
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Complaint Handling Discussion

| Patient MRN | Complaint |
|----------------|--|
| 465382 | The patient's husband called and stated they haven't seen or heard from their physician therapist in almost 2 weeks, and they are supposed by seeing them weekly. |
| 465932 | The daughter of the patient called to state that her mother is almost out of wound supplies and per the nurse, the shipment was due to arrive two days ago, and they still have not received the supplies. |
| 465962 | The patient called complaining that when her home health aide was helping her into the shower, the aide was rushing her and almost caused her to slip and fall. |

| Thoughts to Consider |
|---|
| What would be your first step in addressing these complaints? |
| |
| |
| Who might you want to interview or speak with? |
| |
| |
| What policy/policies might you want to review? |
| |



| Comprehensive Assessment | ent | | | |
|---|------------------------|-----------|----------------------|------------|
| Patient Name: Violet Cha | p | Visit Da | ate: 7/22/2021 | |
| Start of Care Date: 6/29/2 | 2021 Resumption of | | | |
| Care Date: 7/22/2021 | | | | |
| Allergies: Vital Signs: | | | | |
| Temperature: 99.2 | Pulse Apical: | 82 | □Reg | ⊠Irreg |
| Resp: 22 | Pulse Radial: | 82 | □Reg | ⊠Irreg |
| B/P: 146/85 Left Arm – U | nable to take in right | arm due t | o shoulder pain w | vith mover |
| | | | | |
| Health Screening/Immun | nization | | | |
| ⊠Not Assessed | | | | |
| Facility Discharge Date: 7 | /21/2021 Facility: | | | |
| Short term acute hospi | • | □inpat | tient rehabilitation | า |
| ☐ Skilled nursing facility ☐ Long term care hospita | ıl | □othe | r | |
| Inpatient Facility Diagnos Unspecified Fall | sis | | | |
| Type 2 Diabetes | | | | |
| Diabetic Ulcer lower extre | emity | | | |
| History of Hypertension | | | | |
| | | | | |

| Medical history: | | | | | | |
|---|---|--------------------|----------------------|----------------------------------|----------------------------|--------|
| □ None ⊠ Diabetes | s □Asthma | ⊠Falls | \square dementi | a ⊠arthritis | | |
| ⊠angina ☐ liver dis Orders: | sease | ouse □TIA/C | VA □tobacco | use ⊠hypertei | nsion | |
| Comments: Skilled Nursing | | Physical thera | py to evaluate | and treat. Wou | und care to | |
| right toe. Continue prior me | edications. | | | | | |
| | | | | | | |
| Spiritual/Cultural ☑ Not Assessed | | | | | | |
| Spiritual/Religious Affiliatio | n | | | | | |
| Spiritual/Religious Contact | | | | | | \neg |
| | L | | | | | |
| | 1 | Avoilah | ility of Assista | 200 | | |
| | - KE | | IIIIIY OI ASSISIA | Occasional | | |
| Living Arrangement | Around the clock da | Regular daytime | Regular nighttime | or short - term assistance | No assistance available | |
| a. Patient lives alone | 0 | | | Q ₄ | | |
| | 0 | O ₀₂ | О03 | 904 | 05 | |
| b. Patient lives with other person(s) in the home | O ₀₆ | O ₀₇ | 008 | O ₀₉ | O ₁₀ | |
| | | | | | | |
| | | | | | | |
| Safety Measures include: | | | | | | |
| | \square Fall Precautions | ☐ ADL Safety | y □Safe Disp | osal of Sharps | | |
| ☐ Airborne Infection Cont | rol Precautions | ☐Contact I | nfection Contr | ol Precautions | | |
| | | | | | | |
| Body Systems | | | | | | |
| Range of Motion: limited ra | inge in right arm. Pati | ient states "fr | ozen right sho | ulder" since the | e fall. | |
| Functional Limitations: slow to move, uses arms of chair to be able to get out of chair | | | | | | |
| Assistive Devices: use of a c | Assistive Devices: use of a cane for ambulation | | | | | |
| Swollen Joints: Arthritis both knees | | | | | | |
| Pain Assessment: | | | | | | |
| Standardized validated asse | essment conducted: | □Yes | ⊠ No | | | |

| Pain Frequency interfering with activity: | | |
|--|--|----------------------|
| ☐ No Pain ☐ Pain does not interfere ☐ All the time | with activity ⊠Daily but not constant | |
| Other: Patient has pain with movement in arthritis for the pain" Has pain upon dress | _ | • |
| Integumentary: Skin Warm and Dry, | | |
| Wound: \boxtimes Yes \square No | | |
| Location: Right great toe | | |
| Type of Wound: □Vascular ⊠Di | abetic □Surgical □ Trauma | ☐ Pressure |
| ATEM ATEM | | |
| Wound Care: per patient, in the hospital t was being used. | hey changed the dressing every day but he | e did not know what |
| Respiratory: | | |
| \square Wheezes \boxtimes Dyspnea \square CPAP | □Rales □Rhonchi ⊠ | Cough |
| Breath Sounds: RR- 22 Bilateral lung sound deep breathe. States she gets "winded" go | | |
| Endocrine: | | |
| □WNL □Excessive Hunger/thirst | ☐ Excessive bleeding | \Box Thyroid Issue |
| ⊠Diabetic | | |
| Blood Glucose Performed: | Result: | |
| FSBS Range: Per patient 120-185 although | lately she has had fasting sugars over 200 | |
| | ☐foot care performed | |

| □Varicosities |
|--------------------------|
| ⊠Edema tates ankle |
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| Patient states |
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| |
| tion |
| tion qual/reactive |
| |
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| qual/reactive deficit |
| qual/reactive |
| t |

ADL/IADL

| Self-Care: | □Independent | \boxtimes N | eeds Some Help | □ Dependent | | | |
|---|--|-----------------|---|---------------------|--|--|--|
| Ambulation: | \square Independent | \boxtimes N | eeds Some Help | \square Dependent | | | |
| Transfer: | \square Independent | ⊠N | eeds Some Help | \square Dependent | | | |
| Household Tasks: | \Box Independent | \boxtimes N | eeds Some Help | \Box Dependent | | | |
| Following the fall, | o fall requiring hospitalizat her right shoulder has lim Il all activities of daily living | ited mobility a | nd is painful upon move | • | | | |
| Assistive Devices: | □Walker | ⊠Cane | □Shower Chair | □Reacher | | | |
| Medications: | | | | | | | |
| | independently take meds | s ⊠D | rug education provided | to patient | | | |
| ⊠Patient requires | drug diary or chart for med | ds □H | igh-risk medication insti | ruction given | | | |
| ☐ Patient med dosa | ages prepared by another | person \Box P | \square Patient demonstrates non-compliance | | | | |
| | ompting/reminding view for interactions, dupli | | atient meds must be adı | ministered | | | |
| potential adverse e | ffects conducted | | | | | | |
| Comments: Patient | medications at home reco | nciled with | | | | | |
| discharge medication | on list. C Current Medication | ons: | | | | | |
| Lantus insulin 30 ur | nits at bedtime | | Metoprolol tartrate | 25 mg twice a day | | | |
| Plavix 75 mg once a | day | | Glyburide 10 mg tw | ice a day | | | |
| Aspirin 81 mg once Folic Acid 1 mg onc | • | | Simvastatin 40 mg at bedtime | | | | |

Oral Medications: Independent ⊠ Need some Help □ Dependent □N/A \boxtimes Need some Help \square Dependent \square N/A : ☐ Independent Injectable Comments: Ms. Violet has difficulty remembering to take her medications, including her evening insulin. She lives alone but has a family friend who lives two doors down who might help. A daughter lives 150 miles away but comes to see her mother once per month. Currently the patient has no other forms of assistance. Plan of care/Teaching or Teaching Interventions Performed this visit. **Education performed:** ⊠ Medication management ☐ Emergency Plan ⊠ Hand Hygiene **⊠** Fall Precautions ⊠On Call Availability Interventions performed: Physical Assessment Teaching as above Medication review Plan of Care Collaboration: Nursing for wound care and medication management Home Health Aide for assistance with

Assessment Summary:

Physical therapy to evaluate patient

Medication Management:

Comments: 82-year-old female with recent fall requiring hospitalization due to shoulder injury. During hospital stay, diabetic ulcer noted on right great toe. Patient is alert and oriented with self-identified times of forgetfulness. Ms. Violet informed nurse that she has at times forgotten to take her medicine. Patient uses Lantus injectable pen but also at times forgets to take her evening insulin. Discussion with patient about use of pill organizer and the setting of an alarm as a reminder for her insulin. Also discussed the availability of a close neighbor for assistance and that daughter may be able to call her each night as a reminder. Vital signs were stable. Respirations easy with rales noted in right lower lobe. Patient with no bowel difficulties if she takes her Miralax. Infrequent urinary incontinence due to difficulty in getting up quickly from her chair. Patient having pain in her right shoulder since the fall and

| • | notion which affects her ability to condi wound had been redressed prior to di s | scharge. |
|-------------------------------------|--|--|
| ⊠Physician contacted Comments: None | d regarding plan of care: | |
| Homebound Status: | | |
| ⊠Residual weakness | ⊠dependent upon adaptive device | \square confusion, unable to leave alone |
| \square Medical restriction | ☐severe SOB upon exertion | \square requires assistance to ambulate |
| Pause and Consider | | |
| the starting point for o | • | emember, the comprehensive assessment is nd the issues you identified when in your |
| What issues are you id | dentifying as you review? | |
| | | |
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| | ET. 30 | HOME HE 2. Start Of Care Date | | TION AND PLAN OF | 4 | Medical Record No. | 5. Provider No. |
|---|--|---|---|---|--------------------------|---|---|
| 1. Patient's HI | Claim No. | 7/22/2021 | From 7/22/20 | 0/22/202 | 1 12 | 589 | |
| 123456 6. Patient's Na | me and Address | 112212021 | From 1/22/20 | 7 Provider's Name, Addre | ss and Te | ok: whose Number | |
| Violet 2300 | Chap Chappy La | ne, Chapster, N | MA 23568 | Dr. Guthrie Physician Driv Hospital, IN 23 | 3657 | | |
| 8. Date of Birth | 1 | 9. S | | 10. Medications: Dose/Fre | quency/P | toute (N)ew (C)hang | 96 |
| 11. ICD | Principal Diag | | Date | Lantus insulin 3 | Λ units | at hedtime | |
| | | er Fall with Injury | | Metoprolol tartra | ate 25 | mg twice a da | у |
| 12. ICD | Surgical Proce | edure | Date | Plavix 75 mg of | ice a o | lay | |
| 13. ICD | | nt Diagnoses VIcer Right Foot Mellitis Type 2 | 7/18/2021 long Standing | Glyburide 10 mg Aspirin 81 mg o imvastatin 40 m Folic Acid 1 mg | nce a | day S edtime | |
| 14. DME and | Supplies | | | 15. Safety Measures | | | |
| Glucomet | 55 | | | Fall Risk | | | |
| - | Reg. 1500 Cal Diel | | | 17. Allergies No Drug or load alle | ergies | | |
| 18.A. Function | al Limitations | | | 18.B. Activities Permitted | | Parisi Weight Bearing | A Wheelchair |
| 1 Amputa | | 5 Paralysis g | = | 1 Complete Bedrest | ° | Independent At Home | B Walker |
| DV. | Bladder (Incontinance) | 6 Endurance A | Dyspnea With Minimal Exertion | 2 Bedrest BRP | ' - | Cruiches | C No Restrictions |
| 3 Contra | cture | 7 Ambulation B | Other (Specify) | 3 Up As Tolerated | 8 _ | | D Other (Specify) |
| 4 Hearing | 1 | 8 Speech | | 4 Transfer Bed/Chair 5 Exercises Prescribed | 9 🗸 | Cane | • L |
| | | . 🗆 Остания . э | T Emerica | | 7 | Agitated | |
| 19. Mental Sta | atus | 1 Oriented 3 2 Comatose 4 | <u>-</u> | 5 Disoriented 6 Lethargic | 8 | Other | |
| 20. Prognosis | | 1 Poor 2 | | 3 Fair | 4 V | Good | 5 Excellent |
| Skilled N s/s of in HHA perso preparation 22. Goals/R | Nursing to as fection; S/S anal care 2-3 an, clean bed dehabilitation Po | sess wound R gre of hypo/hypergly times per week - room and bath. N tential/Discharge Plans | eat toe each visit cemia, fall safet bathing, hair sh lotify RN of char Patient des | nal care; PT to evalue. Wound care as or Maintain foot ele mampoo, assist with mge in patient cond ires to be independ | dered. vation ambu | . Teach medic n. Supervision lation and tra | nsfer, meal |
| 23. Nurse's | Signature and D | ate of Verbal SOC Who | re Applicable: | | | 25. Date of I | HHA Received Signed POT |
| Nurse P | atsy Cline | | | | | | |
| 24 . Physi | cian's Name and | Address | | 26. I certify/r | ecertify nt skille | that this patient is d nursing care, phy | confined to his/her home and ne sical therapy and/or speech ther |
| Dr Guth | rie | | | continues | to need | occupational ther | apy. The patient is under my care |
| Physicia | an Drive | | | plan. | orized se | ervices on this plar | of care and will periodically revi |
| Hospita | I, IN 2365 | 7 | | | | | |
| 27 . Atte | nding Physician' | s Signature and Date S | gned | 28. Anyone v | vho misr for paym | epresents, falsifies ent of Federal fun | s, or conceals essential informations displays the subject to fine. |

| Top 2022 APC Findings |
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| Tips for Success |
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| Knowledge Check: How many days do you have to send the DC summary and who is it going to? |
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Topic: Financial Stewardship

| Top 2022 FS Findings |
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| Tips for Success |
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| Knowledge Check: How often should the budget be reviewed and updated? |

Topic: Care Delivery and Treatment

Ms. Violet's nursing visit

| Activity/Discussion: Observe home visit reenactment with patient Violet. Write down all your concerns and be prepared to discuss: |
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| Next |
| Review the visit note on the next page and compare it with information you obtained from the reenactment. What concerns do you have regarding the documentation? |
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| ~ | 4 | | |

| General | Home Health | | | SK | ILLED I | NURSII | NG VISI | T NOTE |
|---------------------------------------|---------------------------------|----------------|---|--|-------------|-------------|-------------|------------|
| At | SESSMENT OF SIGNS AND SYMP | TOMS: L | IF THE FOLLOWING SIG | NS AND SYN | IPTOMS A | RE PRES | ENT | |
| VITAL SIGNS | ENDOCRINE No prok | olem | GENITOURINARY X | No problem | RESPIR | ATORY | X No | problem |
| Temp: 99.2 WT: | Thyroid abnormality | | Urine Clear Cloudy | Bloody | Breath | ing event | Unlabored | ı |
| HR /6 □A ⋉R □Reg x Irreg | Hypoglycemia Hyperglycem | nia | Amount Scant Mode | erate | SOB. | At re | st XOn | exertion |
| RR 22 Regular Irregular | Blood Sugar Fasting F | | Odor None Foul- | Smelling | B' Sou | - | ear D | |
| BP Lying Sitting Standing R | Drowsy extreme thirst | V. 3. T. C. A. | THE PERSON LABOR. | Anuria | ⊠R ⊠ | | er Mid | |
| The American | | ethargic | Urgency Frequency | Incontinence | | E-Section 1 | les/Crackle | |
| L 156/86 | Asymptomatic | | Indwelling Foley Cath.Fr# | | _ | | er Mid | - |
| PAIN None at this time | NEUROLOGICAL No probi | 13 | Last date changed | | Cough | Dr | y Pn | oductive |
| Less often than daily | ☐ Alert ☐ Forgetful ☐ Confuse | ed | MUSCULOSKELETAL [| No problem | Phlegr | n Cir/w | atery Ye | llow/Gree |
| ■ Daily but not constantly | Oriented to: XT XPe | XPI | Gait Steady X | Unsteady | Rust/B | loody 🗌 | Thin | Thick |
| All the time | Disoriented to: T Pe | □PI | XROM WNL X | Limited | Scant | Cop | oious 🗆 N | Moderate |
| Relieved by: Rest Medication | Unresponsive | | RUE RLE LUE | LLE | Oxyge | n use | | |
| Pain Severity Level (Scale of 1/10) 6 | Paralysis RUE RLE LUB | E_LLE | Contractures Stiffn | ess | | VASCULA | AR XN | o problem |
| Before Intervention 8 | Weakness RUE RLE LUI | ELLE | RUE □RLE □LUE | LLE | Chest | Pain[]A | it rest 0 | n exertion |
| After Intervention 6 | Tremors Headache Diz | ziness | Strength Good X Fair | Poor | Press | ing [[| Oull B | uming |
| Location Right Shoulder | Aphasia Express Re | ceptive | Fracture Amp | utation | Heavi | ness 🔲 T | ight St | abbing |
| Character Throbbing | Pupil Equal Re | active | RUE RLE LUE | LLE | WITH | Dyspnea | Diapho | resis |
| VISION No problem Noted | Hand Grips Strong We | eak | PSYCHOSOCIAL N | problem | No ede | ema | Edema | 1 |
| Partially Impaired R L | □ Equal □ Un | equal | Cooperative Coping | Anxious | 1+ | 2+ | 3+ 4 | + |
| Severely Impaired R L | GASTROINTESTINAL No p | problem | Discourage Depres | sed | Pitting | | Non-pitting | 9 |
| HEARING XNo observed/impairment | Last BM 8/4/2021 | | Agitated Flat eff | ect | RUE | RLE | LUE | LLE |
| W/min. difficulty R L | Appetite Good X Fair | Poor | Inappropriate response | 8 | Pedal Pu | lse | X RLE | XLLE |
| W/ mod. difficulty R L | Abdomen X Soft Distended | - A | | No. of the Control of | X Prese | et | Abse | Bened |
| Unable to hear R L | Pain Dull Sharp | 37 | Fair Pale | No problem | - | ASSESS | | |
| NOSE/THROAT/MOUTH No problem | | LLQ | | Site # | 1 | 2 | 3 | 4 |
| | | 770555 | Cyanotic | | R toe | - 2 | 3 | |
| Congestion Chewing prob. | Ascites Abdomina | - Commen | Moist Dry | Location | rt toe | | | |
| Sinusitis Swallowing prob. | Bowel sound X Active Hyp | | Warm Cold | Stage | | | | |
| Sore throat Gingivitis | Hypoactive Nausea Diam | 2000001 20 | Nail Bed Pink Blue | Length | | | | |
| Hoarseness Ulceration | Constipation Incontine | ence | Rash Abrasion | Width | | | | |
| MEDICATION Compliant | G-Tulbe Patent Obstruc | ted | Bruise Laceration | Depth | | | | |
| Non compl. Needs teaching | Ostomy: Location | | Pressure Sore | Tunneling | | | | |
| NUTRITION (DIET) | Patent Obstructed | | Open Wound | Drainage | modera | te | | |
| Not followed Needs teaching | Amount of Drainage: | | Surgical Incision | Odor | slight | | | |
| Homebound Reason Diminished e | ndurance, use of cane for amb | oulation, | | vithout assi | stance | | | |
| Nursing Diagnosis/Problems: wound | diabetic, urinary incontinence | | | | | | | |
| nterventions/Skilled Care Performed | | | | | | | | |
| nterventions/skilled Care Perioniled | | | | | | | | |
| Upon arrival aide was providing | personal care, assisting Ms. V | iolet out | of the shower. Cane for | und to be in | living ro | om on f | irst floor. | |
| Physical assessment as above. | Patient has not been monitoring | ng glucos | se. Glucometer found to | not be wo | rking. Wo | ound car | re done p | per |
| patient direction. Orders needed | | | | | | | | |
| surrounding wound reddended, | slight edema in toe and faint o | dor note | d. Patient to be evaluate | ed by Phys | ical Ther | ару. Uр | on intervi | iew, |
| patient states she forgot her med | dication in the morning yesterd | day. She | has been taking Tylend | Arthritis fo | or her rigl | nt shoul | der. She | states |
| this also helps her throbbing in h | er right toe. Patient educated | to keep t | toe elevated, to call nur | se if increa | sed pain | or temp | erature. | |
| Response to Care/Instruction: good | | Next o | r Last MD Visit date: e any change in Insurance: | | No If y | es when? | , | |
| | 111 | 13 u ich | a any orionings in insurentice. | | A | - of miles | <u> </u> | |

| patient states she forgot her med this also helps her throbbing in h | | | | | ntis for her right shoulder. She state ocreased pain or temperature. |
|---|--------------|------------------|----------|--------------------------|---|
| Response to Care/Instruction: good | | X Next | | ast MD Visit date: 9/2/2 | 2021 Yes ⊠"No If yes, when? |
| Plan for next visit: | 200000 | | | | |
| Communication with: Physician | Pharmacy Car | e/Clinical Coord | nator | Caregiver PT | OT ST MSW |
| Discussed: | | | | | |
| Resulted to: New | Changed | No | MD Order | | |
| Patient Name Violet Chap | | MR#: | | SN Name – Titl | Ŷv₀ Susie Contract |
| Date 8/5/2021 | Time In 1000 | Time Out | 1030 | SN Signature | Susie Contract |
| | | | | | 0 to 15/194/04 |

8/5/2121

Home Health Aide Activity

Take a few moments to review Violet's home health aide visit note below. What issues are you identifying as you review?

| Goals of Care: | nt/Client: VIOLET CHAP Patient will be free from injury Patient will receive | ☐ Male ☐ Female Age: //www.assistance with ADLs/IADLs |
|---|---|---|
| (Check appropriate | interventions, write specifics as needed) | |
| Nutrition Body Mechan Transfer: Ambulation: | ☐ Assist with Eating ☐ Offer Fluids ☐ Fluid I | Plan /Prepare Meals/Snacks |
| Personal Care | Assistance with ADLs | |
| Bathing: Hair: General: Oral Hygiene: | ☐ Hand Held Shower ☐ Other ☐ Comb/Brush ☐ Shampoo ☐ ☐ Dress ☐ Shave ☐ | Shower Bench Condition Skin Care/Grooming Mouthwash Oral Swabs |
| Toileting: | Assist to Commode/Toilet | |
| Homemaking | | er use 🏻 Clean Kitchen after Meal Prep aundry 🗗 Medication Reminder Assistance |
| | ol Instructions: | lder InTivey |
| Special Inches | actions: Keep DIESSing Right toe | Dates: Reviewed By: For Peri |
| From go | | |
| From Go | | |
| | | |
| Other: | AND LEHE Clover LPK Da | te: 7/23/2021 |
| Other:Prepared By:Patient/Respons | Av bette Clover LPK Da | te: 7/23/202/ |
| Other:Prepared By:Patient/Respons | Anv bette Clover LPN Da ible Party Signature: | te: 7/23/202/ |
| Other: Prepared By: Patient/Respons Relationship to O Physician Name | Awkte Alover LPR Da ible Party Signature: Client: | |
| Other:Prepared By:Patient/Respons | Awkte Alover LPR Da ible Party Signature: Client: | |

| Top 2022 CDT Findings |
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| Tips for Success |
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| Knowledge Check: Physician orders should be signed according to what timeframe? |
| |

Topic: Leadership and Governance

Thoughts to Consider...

| In what ways did the pandemic highlight the importance of several of the standards in the Leadership and Governance chapter? |
|--|
| What deficiencies, if any, did you observe within your organization or organizations you work with? |
| What "wins" did you observe? |
| Top 2022 LG Findings |
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| Tips for Success |
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| Knowledge Check: Name one of the responsibilities the governing body assumes? |

Topic: Information Management

| Knowledge Check: What are the required elem | nents of the clini | cal record? | |
|---|--------------------|-------------------------|--------------------|
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| Pause to Considerwhich of the required clini challenges with? | cal record eleme | ents do your organizati | ions have the most |
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| Top 2022 HSIM Findings | | | |
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| Tips for Success | | | |
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| What is your "Golden Nugget" from today's sessions? | Vhat is your "Golden Nugget" from today's sessions? | | | | |
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THANK YOU!!